

QTAC Digest

August 18, 2016 - Issue 1

- ★ CDC Recognition
- ★ Success In Staten Island
- ★ New Trainings in Albany

QTAC PARTNER SPOTLIGHT:

We want to celebrate your success. Tell us about your experience with evidence based health programs in your region! Email qtac@albany.edu or call 877-496-2780

Dear Partners

We are pleased to announce the publication of our first bi-monthly partner's electronic newsletter "QTAC DIGEST". The QTAC digest will serve as a platform for celebrating and recognizing the wonderful accomplishments of our statewide and national partners. In addition, we hope to use this communication as a tool for sharing QTAC updates, relevant news items, and highlighting the impact our partners are making in the communities they serve. The current QTAC Digest and archived issues can be found on our website at www.QTACNY.org – and please like us on [Facebook](#)

QTAC continues its commitment to implement innovative programs and services which improve implementation and participation in evidenced based programs and services. In doing so, we extend this invitation to share your work with our partners from across the country. If you have a programmatic achievement, funding award, innovative partnership news, participant/patient success story you wish to share contact QTAC by emailing QTAC@albany.edu or speaking with a QTAC Support Center Specialist at 1-877-496-2780.

Thanks for all you do to advance evidence-based self-management programs!

CDC National Diabetes Prevention Program Full Recognition Achieved

PREVENT_{t2}

QTAC-NY would like to congratulate our New York State partners who have achieved Full Recognition for their delivery of [CDC's National Diabetes Prevention Program](#) (NDPP). We are pleased to support our partners in their pursuit of CDC Recognition of NDPP delivery.

As a National Training Partner for the NDPP, QTAC – NY is committed to working with providers and community based organizations in NY and nationally to build capacity for the sustained delivery of the NDPP.

Please join us in congratulating the following partners for their achievement of this milestone:

*Alice Hyde Medical Center
Center for Excellence in Aging & Community Wellness / QTAC-NY
Champlain Valley Physicians Hospital
EmblemHealth
Lewis County Public Health
Northern Dutchess Hospital
St. Lawrence Health Initiative
The Human Services Coalition of Tompkins County
Tompkins County Health Department
Wyoming County Health Department*

QTAC-NY partner receives CDC Recognition:

We are pleased to congratulate **Emblem Health** in receiving CDC recognition for their delivery of NDPP programs. Emblem Health has been a long term partner with QTAC-NY. Emblem Health is a leading neighborhood health insurance and wellness company serving downstate and upstate New York.



Regarding the CDC recognition and QTAC-NY, Patricia Kidd Arlotta, MPH comments:

“Thank you all so much, for your guidance, training and expertise. We appreciate all that you did and continue to do for us during this process.”

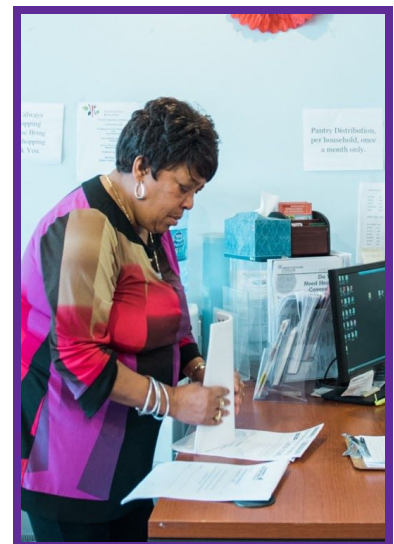
We congratulate Emblem Health in this great achievement and look forward to continuing to support its efforts in delivery of evidenced based programs.

SUCCESSFUL PROGRAM PARTICIPANTS

Robin Setzer, Staten Island

After a serious car collision left her blinded and with limited mobility, Robin Setzer developed type 2 diabetes and pancreatitis. She had gained weight, and lost her vitality. “It got to the point where I didn’t care anymore,” Robin said. “I was just tired.”

It was then that she began visiting [Community Health Action of Staten Island](#) (CHASI), a non-profit that offers [evidenced based health programs](#), as well free health screenings, counseling, and a food pantry.



Robin's life changed drastically when she began attending one of CHASI's support groups, the Chronic Disease Self Management Program.

"The group gave me a sense of responsibility again," Robin said. "They kept calling me just to check on me. They were there for me."

Within a year, she had lost over 150 pounds. She regained her mobility, and is no longer taking pain medication. Today, Robin is a peer leader for the same evidence based health programs that helped her achieve so much.

[For a full write up on Robin, click here.](#)

[For a video about Robin and others in similar situations, click here.](#)

Tell us about your experience with evidence based health programs in your region! Email qtac@albany.edu or call 877-496-2780.

New Trainings

September

[National Diabetes Prevention Program \(NDPP\) Lifestyle Coach Training](#)

October

[Stanford Chronic Disease Self-Management Program \(CDSMP\) 4-day Peer Leader Training](#)

[Stanford Diabetes Self-Management Program \(DSMP\) Peer Leader Cross-Training](#)



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